

Freeze-Dried Guacamole

Serving Size:

4-6 Servings

Time:

5 minutes

Difficulty:

Easy



Ingredients:

- 3 cups freeze-dried avocados (spritz with lime juice before freeze drying)
- ½ cup freeze-dried green onions
- ¼ cup freeze-dried cilantro
- 1 cup freeze-dried tomatoes
- 2-4 cloves freeze-dried garlic
- Freeze-dried bell or hot peppers to taste
- 1/2 teaspoon salt

Directions:

1. Pulse ingredients in a blender until desired size and texture.
2. Pour the contents of the blender into a bowl, and stir in 1 cup water and mix with a fork until guacamole is desired consistency. Add more water 1 teaspoon at a time if needed.
3. Let rest for 1-2 minutes to allow ingredients to absorb moisture.
4. Serve immediately.