



10 Ideas for Gardening with Kids

GrowingInTheGarden.com



Give Ownership

Let them see the results of their hard work



Choose Easy-to-Grow Crops

Big seeds & quick-growing crops



Grow What They Like

Favorite foods make it tasty



Encourage & Trust

Let them make mistakes & get messy



Make it Fun

Focus on the positive & keep sessions short



Incorporate Interests

Art, science, math & animals are all part of gardening



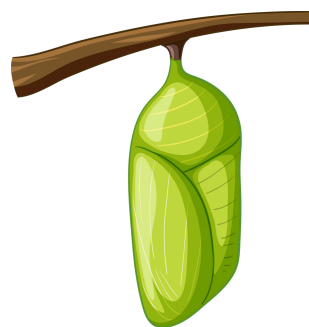
Use All 5 Senses

Find things to smell, touch, listen to & taste



Enjoy the Harvests

Find simple recipes to use what you grow



Marvel at the Miracles

Rainbows, cocoons, seeds, eggs & more



Find Teaching Moments

Point out life lessons